



Arts Integrated Sessions – 5th Std.

Subject – EVS/Science

Chapter – Family

Medium – Watercolours





Session Plan

Session 1 – Close Observation Drawing – Family Portrait





Academic Goals for this Session –

- Students will begin to develop their understanding of family, members, and different types of family.

Art Goals for this Session –

- Students will develop their close observation skills and build attention to details through their family portrait drawing.

Materials

- A4 paper
- Pencil
- Family Photo

Activity

Introduction

Time – 5 minutes

- Introduce to students the idea of close observation. Let them know that they will be creating their family portraits using the photo.

Demonstration

Time – 10 minutes

- Demonstrate to the students holding the photo and looking really closely with your eyes.
- Ask the students for suggestions: What shape is my head? What shape is my neck? Eyes? Ears? Etc.
- As students give you suggestions, demonstrate drawing the shapes of your face on the A4 paper.
- Also show how you are carefully adding in the details.
- Remind students that they need to have all their family members in this portrait and for that they need space this accordingly.



Working Period

Time – 20 minutes

- Distribute the paper and pencil.
- Remind students to observe their faces closely continuously, add in the shapes of their face, add the details, and then darken the lines to complete their family portrait.

Reflection

Time – 10 minutes

- Place the student's artworks in the centre for everyone to observe.
- Debrief with them about the shapes used, details added.
- Also begin a dialogue with students about family, different family members and types of family that is commonly observed.



Session 2 – Watercolour Exploration





Art Goals for this Session –

- Students will develop their investigation skills through exploring and experimenting with watercolours.

Materials

- Watercolours set (1 shared by 2 or 3 students)
- Brushes
- Small white chart paper (1 sheet divided into 4 pieces, 1 piece for one child)
- Plastic container (for water)
- Napkins

Activity

Introduction

Time – 5 minutes

- Show a watercolour set and brush to the students. Ask students what each of them are.
- Introduce watercolours and the brush to students.
- Ask students why it is important to experiment.
- Tell students they will be first experimenting. Share with them some images of watercolour explorations.

Demonstration

Time – 10 minutes

- Demonstrate to students how you dip your brush in the water, add a small amount of water to the colour to use it.
- Tell them that the most important thing to remember when they work with the watercolours is to keep the paint colour clean.
- Tell them that they will need to clean their brush in water every time they want to use a new colour.
- Show them how they can create thin and thick lines, create light and dark shades, mix colours to get new colours.

Note: Remember to use the rough side of the sheet.

- Introduce various techniques such as blending, bleeding, stippling, etc.



- It is important to ask questions that encourages students to come up with more ideas on ways to experiment with the watercolours.

Working Period

Time – 20 minutes

- Distribute watercolours, paint brushes, white chart paper, water container and cloth. Remind them to use the rough side of the paper.
- Encourage them to try different techniques and mix different colours.
- Go around the class and request the students to keep the watercolour sets clean.

Reflection

Time – 10 minutes

- Place students' explorations in the centre for everyone to observe.
- Share some of the students' explorations with the class. Spot their differences and ask the class about it.



Session 3 – Family Portrait using Watercolours.





Academic Goals for this Session –

- Students will continue to develop their understanding of family, members, and different types of family.

Art Goals for this Session –

- Students will develop perseverance by working on a multi-step project.
- Students will develop problem-solving and flexible thinking while using their explorations on their family-portrait.

Materials

- White chart paper (1 chart divided into two halves, one half for one child)
- Watercolour box (1 shared by 2 students)
- Watercolour sheet from session 2
- Family-portrait drawing from session 1.

Activity

Introduction

Time – 5 minutes

- Recap sessions 1 and 2 with your students.
- Let your students know that they will be creating a family-portrait with the help of the explorations sheet.

Demonstrate

Time – 10 minutes

- With the help of the materials demonstrate to students drawing the outline on the rough side. Remind them to look at the family-portrait drawing from session 1.
- With the help of students demonstrate selecting explorations to add onto the family portrait.
- Let students know that they will now get their portrait and exploration sheets for reference and their chart papers to do the portrait.

Working Period

Time – 20 minutes



- Distribute the materials and their artworks from session 1 and session 2.
- Remind students that they will be using one colour to do the outline first on the rough side and then use their explorations to complete the portrait.
- Have conversations while they are working and remind them of the various ways of using their explorations.

Reflection

Time – 10 minutes

- Place the artworks in the centre for everyone to observe.
- Share some of the students' portraits with the class.