



#### ACTIVITY 4: SKETCHING OF SELF

**Age:** For all ages.

**Materials:** A4 sheet, pencil.

**Steps:**

1. Observe yourself in a mirror or take a look at one of your photos and notice the position of your body. Are you sitting or standing? Observe the details on your face, hair, clothes, arms, etc.
2. What are the shape of your face, eyes, nose, mouth, neck, torso, arms and legs. Are all of them the same size? What kind of marks, textures and patterns do you see on your body and clothes?

3. Make a sketch by continuously observing yourself/your image throughout the process. Start with the bigger shapes like your face, torso, arms and legs.
4. After that add the finer details like your hair, eyes, nose, mouth, marks on your body, etc.
5. Share your artwork with your family and friends. Share with them what you found interesting while doing the activity.

*If you found the activity interesting and engaging, please share your experiences on Facebook and Instagram and tag us at @artsparksfoundation. You can also follow us to get updates on our other activities and offerings. You could also send images of your artworks and experiences at [mtombing.artsparks@gmail.com](mailto:mtombing.artsparks@gmail.com).*

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