



ACTIVITY 15: MY FAVOURITE FRUITS AND VEGETABLES

Age: 8yrs and above

Materials: A4 papers and pencil.

Steps:

1. Think about your favourite fruits and select at least two to three fruits that you love.
2. Think about how the two to three fruits that you have selected look different. How are their shapes different? How are their sizes different? How are the marks and patterns on their skin different? How are their skin textures different?
3. Draw each of your selected two to three fruits, using your memory, and thinking carefully about their shape, size, marks, patterns, and textures. If you have the fruits in

your house, or, if you can find photos of the fruits on a phone, you can draw them from close observation.

4. After drawing your favourite fruits, think about your favourite vegetables and select at least two to three vegetables that you love.

5. Think about how the two to three vegetables that you have selected look different. How are their shapes different? How are their sizes different? How are the marks and patterns on their skin different? How are their skin textures different?

6. Draw each of your selected two to three vegetables, using your memory, and thinking carefully about their shapes, sizes, marks, patterns, and textures. If you have the vegetables in your house, or, if you can find photos of the fruits on a mobile phone, you can draw them from close observation.

7. Now that you have finished your drawings of your favourite fruits and vegetables, take a close look at your drawings, and look to see if there are any details that you forgot to add.

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