



ACTIVITY 5: SELF-PORTRAIT WITH FOUND MATERIALS

Age: 6yrs and above

Materials:

Rocks, leaves, mud, ropes, threads, flowers, sand, seeds, waste vegetables, etc.

Step 1: Look around your house and find any material with which you can create your face

Points to keep in mind:

1. If possible, find a partner who can work with you, a sibling or a family member.
2. Ask them to do the same activity, but individually.
3. Look around your house and see if there are materials you can find which can be used to make your face by arranging the materials on the flat surface like a table or the floor.
4. Find at least 5 different materials which you could use.
5. Look at your face in a mirror and observe all parts of your face.

6. Start with the biggest part of your face, arrange materials to create the shape of your face using any of the material you have picked. Avoid using light materials which can fly away easily.
7. Then move on to the smaller details like your nose, lips, eyes, ears, etc. and arrange more materials to make the face look like you.
8. Remember to take photos as you create your self-portrait with found materials.

If you found a partner

1. After you both are done, show to each other what you have created.
2. If there are any missing details you would like them to add, share with each other in a positive manner and complete your self-portrait with the help of the feedback received.

